



## Spring 2023 Season April 3, 2023 to May 31, 2023

Sanctioned by Skate Canada, the Markham Skating Club offers a wide range of top-quality programs. From “learn-to-skate” programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a lifelong love for the sport of skating.

### Spring sessions take place at the following arenas:

**April 3, 2023 – May 20, 2023** - Mount Joy Arena (North side of 16<sup>th</sup> Avenue, just east of Hwy 48; enter beside St. Brother Andre High School)

**May 23, 2023 – May 31, 2023** - Markham Centennial Community Centre (NW Corner of McCowan Rd. and Bullock Drive)

**REGISTRATION OPENS Monday February 27th @ 6pm**

**REGISTER ONLINE AT: [www.markhamskatingclub.com](http://www.markhamskatingclub.com)**

**No registrations will be accepted prior to February 27<sup>th</sup> at 6pm.**

**All registrations are processed on a first-come, first-serve basis.**

*Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.*

*Questions? You can always contact us by phone: (905) 472-6982 or email: [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)*

### SPRING OFFICE HOURS (April 3, 2023 – May 31, 2023)

	Daytime	Evening
<b>Monday</b>	10:00am–3:00pm	6:00pm–7:30pm
<b>Tuesday</b>	10:00am–3:00pm	7:00pm–9:00pm
<b>Wednesday</b>	Closed	Closed
<b>Thursday</b>	10:00am–3:00pm	5:30pm–7:30pm
<b>Friday</b>	Closed	6:00pm–8:00pm
<b>Saturday</b>	9:00am–11:00am	

*Programs under sanction of Skate Canada – Club No. 1000444*

Contact us by phone: (905) 472-6982 or email:

[info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)



## OUR PROGRAMS

***Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.***

***Skaters must have met the criteria for their selected program as of February 27, 2023.***

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- Pre-CanSkate**      **Pre-CanSkate** is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. **CSA-approved helmets are mandatory. Skaters must ALWAYS wear skate guards when not on the ice.**
- CanSkate**      **CanSkate** is a beginner program for skaters aged 5 and up who can stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of small group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. Skaters in CanSkate Stage 6 can choose to either participate in CanSkate or Novice STARSkate sessions (see below). **CSA-approved helmets are mandatory until skaters pass CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.**
- Skaters who have passed CANSkate 6 MUST register for Novice. Skaters will not be allowed to register for both Novice and Canskate sessions.**
- STARSkate**      **STARSkate programs (Novice, Junior, Senior, Advanced)** afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, freeskate and artistic skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session or a cool down session at the close of the session. **All STARSkate levels also include one complimentary Off Ice session which must be registered for separately.**
- Novice Qualification:** passed CanSkate Stage 5. Includes 30 minutes of professional group lesson instruction. Although additional private coaching is not mandatory, it is recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office. See our website for details on our coaching team. **Note that STARSkate sessions require figure skates (no hockey skates permitted).**
- Junior Qualification:** passed any 2 complete Star 1 tests. Includes professional group lesson instruction. Additional private coaching is mandatory at and above this level. **Skaters at the junior level are required to register for a minimum of 2 sessions/week.**
- Senior Qualification:** passed any 2 complete Star 3 tests. Includes a coach-led warm-up. **Skaters at the Senior level are required to register for a minimum of 2 sessions/week.**



**Advanced Qualification:** passed **all** the following:

1. Star 3 Freeskate
2. Star 5 Skills
3. Star 5 Dances

(Some qualification exceptions may apply; talk to your coach before you register).

Includes a coach-led warm-up. **Skaters at the Advanced level are required to register for a minimum of 2 sessions/week.**

## **Adult/Teen**

**Adult/Teen** sessions offer a fun, professionally coached environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Session fees include a group lesson with a professional coach. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level. Skaters working on Star tests can also register for the Saturday Senior/Advanced/Adult session at the recommendation of their coach. **Please note that group lessons are not provided on the Saturday session.**

## **Performance Enrichment**

**Qualification: Junior/Senior/Advanced StarSkate**

Our **Performance Enrichment Program (PEP)** is a great way for dedicated, goal-oriented skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill, and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Junior level or higher and must also skate a minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session. Thirty minutes of off-ice training is included in PEP program fees and must be registered for separately.

## **Power Skating**

Our **Power skating** program is a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. **These are NOT "learn to skate" programs.** MSC's power skating programs are led by coaches with a combined 30+ years of experience in power skating. The program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness.

- Our earlier session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters **MUST** have passed CanSkate Stage 5.
- Our later session is for skaters at least 8 years old. This session is for more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to perform forward and backward crosscuts and be able to stop in both directions. Skaters **MUST** have passed CanSkate Stage 5.

**All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – it will be incorporated into many drills.**



**Guest Skating/  
Alumni**

Current Skate Canada Members at the Novice level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment are required. MSC Alumni (minimum of Senior qualifications) may receive 6 guest passes per season at a reduced fee of \$125.

**Add a Session**

Current MSC Members at the Novice level or above can “add a session” to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and space must be available on the session requested. Pre-registration and pre-payment in full are required. Max. 6 “add on” single sessions per year.

**Ticket Ice**

Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters who would like additional practice time must *book this time in advance with their private coach*. Contact your coach for the ticket ice schedule. Ticket ice is subject to cancellation from time to time, so check with your coach before arriving.

**Ticket ice MUST be booked in advance through the office, or online from our website. Skaters must have a physical paper ticket before stepping on the ice.** Tickets are \$10 for a single session, or \$40 for 5 tickets. Non MSC-skaters (guest skaters) must be current Skate Canada members and may use MSC ticket ice at \$25/session. **All skaters attending Ticket Ice must be accompanied by a coach.**

**SCHEDULES**

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and test days may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions. Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

**1) ON-ICE TRAINING**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Novice/Junior 4:10-5:20	Senior/Advanced 4:10-5:30	Novice/Junior 4:10-5:30	Junior/Senior 4:10-5:30	Senior/Advanced 4:10-5:10	Novice/Junior 8:10-9:00
Junior/Senior 5:20-6:30	Novice/Junior 5:40-7:00	PEP * 5:40-6:10	Pre / CanSkate 5:40-6:30	Novice/Junior 5:10-6:10	Pre / CanSkate 9:10-10:00
Pre / CanSkate 6:40-7:30	Power 7:10-8:00	Junior/Senior 6:20-7:30	Pre /CanSkate 6:30-7:20	Pre / Canskate 6:20-7:10	Pre / CanSkate 10:00-10:50
Advanced 7:40-9:00	Power 8:10-9:00	Senior/Advanced 7:40-9:00	Advanced 7:30-9:00	Pre / CanSkate 7:10-8:00	Senior/Adv/Adult** 11:00-12:00
			Adult/Teen 9:10-10:00		



**\*PEP (Performance Enrichment Program) – Includes 30 minutes of off-ice training** either immediately before or after the on-ice class on Wednesdays. When you register, please indicate which off-ice session you will take.

**\*\* Adult participants on the Saturday session must be working on Star Tests**

## 2) OFF-ICE TRAINING

At MSC we are committed to giving our skaters the best training possible and believe in the benefits of training ‘beyond the ice.’ Our off-ice sessions are designed to reduce risk of injury, build a strong muscular foundation and maximize skating potential.

All STARSkate members are entitled to register for one complimentary off ice class. Additional registrations are subject to availability at an additional cost. Space is limited so sign-up for your off-ice class when you register for your on-ice sessions. In order for the sessions to run, there must be a minimum of 5 skaters registered. If the class does not have the minimum number of registrants, you will be contacted by the office to join another class.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		PEP/Rising Stars 5:00 – 5:30			
		Novice/Junior 5:40 – 6:10	Junior/Senior 5:40 – 6:10	Senior/Advanced 5:20 – 6:00	
		PEP/Rising Stars 6:20 – 6:50	Novice/Junior 6:10 – 6:40	Novice/Junior 6:20 – 6:50	
		Senior/Advanced 6:50 – 7:30	Senior/Advanced 6:40 – 7:20		
			Adult 7:45 – 8:45		



## SCHEDULE BY PROGRAM

Pre-CanSkate and CanSkate (Pre/Can)	Monday 6:40-7:30 Thursday 5:40-6:30 Thursday 6:30-7:20 Friday 6:20-7:10 Friday 7:10-8:00 Saturday 9:10-10:00 Saturday 10:00-10:50
Novice (Nov)	Monday 4:10-5:20 (with Junior) Tuesday 5:40-7:00 (with Junior) Wednesday 4:10-5:30 (with Junior) Friday 5:10-6:10 (with Junior) Saturday 8:10-9:00 (with Junior)
Junior (Jnr)	Monday 4:10-5:20 (with Novice) Monday 5:20-6:30 (with Senior) Tuesday 5:40-7:00 (with Novice) Wednesday 4:10-5:30 (with Novice) Wednesday 6:20-7:30 (with Senior) Thursday 4:10-5:30 (with Senior) Friday 5:10-6:10 (with Novice) Saturday 8:10-9:00 (with Novice)
Senior (Snr)	Monday 5:20-6:30 (with Junior) Tuesday 4:10-5:30 (with Advanced) Wednesday 6:20-7:30 (with Junior) Wednesday 7:40-9:00 (with Advanced) Thursday 4:10-5:30 (with Junior) Friday 4:10-5:10 (with Advanced) Saturday 11:00-12:00 (with Advanced and Adult)
Advanced (Adv)	Monday 7:40-9:00 Tuesday 4:10-5:30 (with Senior) Wednesday 7:40-9:00 (with Senior) Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 11:00-12:00 (with Senior and Adult)
Power	Tuesday 7:10-8:00 Tuesday 8:10-9:00
Adult/Teen	Thursday 9:10-10:00 Saturday: 11:00-12:00 (with Senior and Advanced)**
PEP/Rising Stars	Wednesday 5:40-6:10
PEP/Rising Stars Off Ice	Wednesday 5:00-5:30 Wednesday 6:20-6:50
Novice/Junior Off Ice	Wednesday 5:40-6:10 Thursday 6:10-6:40 Friday 6:20-6:50
Junior/Senior Off Ice	Thursday 5:40-6:10



Senior/Advanced	Wednesday 6:50-7:30 Thursday 6:40-7:20 Friday 5:20-6:00
Adult	Thursday 7:45-8:45

**Skaters must attend their session on the same day each week.  
Walk-ons and drop-ins cannot be accommodated.  
No make-up days are provided for missed lessons.**

### SESSION FEES

Session	Day of the Week		
	Monday Friday	Wednesday Thursday Saturday	Tuesday
	7 sessions	8 sessions	9 sessions
Pre-CanSkate	\$154	\$176	
CanSkate	\$182	\$208	
Novice	\$196	\$224	\$252
Junior (minimum 2 sessions/week)	\$196	\$224	\$252
Senior (minimum 2 sessions/week)	\$196	\$224	\$252
Advanced (minimum 2 sessions/week)	\$196	\$224	\$252
PEP/Rising Stars(must <u>also</u> take at least 1 other		\$144	
Adult/Teen		\$224	
Power			\$252
Off-ice – Additional session – Novice/Junior, Junior/Senior	\$84	\$96	
Off-ice – Additional session – Senior/Advanced	\$105	\$120	

### Multi-session discounts (applicable to Pre-CanSkate, CanSkate, Novice, Junior, Senior, Advanced and Adult/Teen)

- 2 sessions / week = 15% off 2 sessions in the same category
- 3 sessions / week = 20% off 3 sessions in the same category
- 4 sessions / week = 30% off 4 sessions in the same category

### PAYMENT

- Fees to be paid in full at the time of registration (no installment payments)
- Visa/Mastercard accepted online
- Session choice cannot be confirmed until payment or arrangement is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.



### **SKATE CANADA FEE**

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee, which will be applied at time of registration. Skate Canada memberships expire on August 31 of each year. This fee will be applied at the time of registration if you have not already paid this fee for the current year.

### **FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT**

Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant (PA) program will receive a 3% discount on their fees. Discounts are applied as a credit on your account once the PA has completed his/her skating season as a PA. (Discounts do not apply to Skate Canada membership fee). To receive the PA discount, you must select your PA session at the time you register.

### **CANCELLATIONS/REFUNDS**

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee.
- b) After the first day of classes, there are no credits except for medical reasons. Requests for credits must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, credits are pro-rated, and the Skate Canada registration fee is non-refundable.
- c) All credit balances remaining unused on a client account for two (2) years will be cleared.

### **NSF CHEQUES / RETURNED PAYMENTS**

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

### **NON-MEMBER REGISTRATIONS**

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". Skaters registered with an alternate club as their "home club" will be permitted to register for sessions after April 3, 2023. All non-member registration requests will be reviewed by the MSC Board of Directors.

### **CODE OF CONDUCT/SAFE SPORT POLICIES**

All skaters/guardians must read and agree to adhere to MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website. We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada Safe Sport Policies, to ensure a warm and welcoming place for children, teens and parents. A link to the Skate Canada Safe Sport Policies is also available on our website.

### **SAFETY**

Skate guards **are to be worn at all times** unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

### **PROGRAM ASSISTANTS**

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Junior session or higher AND are 10 years of age or older. High school students may allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a 3% discount on session fees.





*NOTE: PA hours are to be scheduled when you register for your sessions.*

### **VOLUNTEER OPPORTUNITIES**

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer team. Individuals can donate time and expertise at any level—from helping on test day to joining the Board of Directors. Email us at [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com) to learn more.

### **COSTUME AND DRESS RENTAL – “THE LOFT”**

Costumes, test dresses, competition outfits and more are available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". Test dresses can be rented for as low as \$25! We also have a great selection of skating pants and shirts for boys.

Come see our fabulous costumes! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is located within the arena, at the south end of the ice, underneath the score clock. We are open by appointment only. Email [costumes@markhamskatingclub.com](mailto:costumes@markhamskatingclub.com).

### **IMPORTANT – WE NEED TO CONTACT YOU!**

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media, or the lobby bulletin board. **If you think you are not receiving email from us, please call the office.**



## KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members, and posted in the arena and on social media. Be sure we have your email address!

<b>February 2023</b>	Wednesday, February 15 – Star 6 to Gold Test Day (no sessions)
	Saturday, February 18 – YES there are sessions today (Family Day Weekend)
	Monday, February 20 – Family Day (no sessions – arena is closed)
	Tuesday, February 27 @ 6pm – Spring Registration opens online
<b>March 2023</b>	Saturday, March 11 to Saturday, March 18 – March Break (yes, there are sessions!)
	Wednesday, March 29 – Star 6 to Gold Test Day (no sessions)
	Friday, March 31 – MSC CanSkate Challenge (no sessions)
<b>April 2023</b>	Saturday, April 1 – MSC Club Competition (no sessions)
	Monday, April 3 – First day of Spring Session
	Friday April 7 and Monday April 10 – Good Friday and Easter Monday (no sessions)
	Tuesday April 11 – Monday April 17 – Pre-CanSkate and CanSkate Information sessions (during sessions)
<b>May 2023</b>	Saturday May 6 – Annual Spring Awards Banquet (evening)
	Monday May 22 – Victoria Day (no sessions)
	<b>Tuesday May 23 – Spring Session moves to Markham Community Centennial Centre</b>
	Wednesday May 31 – Star 6 – Gold Test Day (no sessions), Last day of Spring Skating

## PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach skaters of all levels of ability and experience, from “learn to skate” through gold levels. To book private lessons, please contact the coach of your choice directly for information.

Teri-Lynn Black-Calleri	416-580-7297
Michele Britten	905-640-8488
Kayla Dibblee	705-920-4712
Candice Glover	647-223-8967
Darcy Guddat	905-294-2485
Brandon Herdman	416-559-2696
Leanne Lamarche	647-268-6194
Karolina Mazur	416-803-4092
Kaitlyn Sims	647-966-3627
Cindy Stortz	416-271-3860
Lexie Waddington	416-688-0109



## BOARD OF DIRECTORS

The Markham Skating Club's Board of Directors governs the overall MSC business. This group of volunteers meets once a month to ensure the successful operations of our programs and club activities. We are committed to the success of MSC and are always seeking new ideas to enhance our programs and Club. If you wish to contact a board member, feel free to email our office via email or phone and we will connect you.

Co-Presidents	Meredith Blake and Cathy Manion
Past President	Shawna Sheldon
Vice President	Ann Nakashima
Treasurer and Office Liaison	Cathy Manion
Communications and Registration Coordinator	Jen Hayward
Secretary	Kristine Korosec
Competition Coordinator	Ann Nakashima
Test Chair	Cindy Stortz
Program Coordinator	Trevor Li
Coach Liaison and Social Media	Meredith Blake
Special Events Coordinator	Susan Wood

**Markham Skating Club | P.O. Box 77055 | Markham | ON | L3P 0C8  
905-472-6982**

**[www.markhamskatingclub.com](http://www.markhamskatingclub.com)  
email: [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)**

